

# Kaiser Permanente PSHB Contraception Exception Process

Kaiser Permanente is deeply committed to providing equitable, compassionate, high-quality care for all our members. This document summarizes the Kaiser Permanente PSHB Plan's contraception exception process and benefits.

## ➤ Exception process

Within our integrated care delivery system, Kaiser Permanente physicians can prescribe the appropriate level of medically necessary medications to our PSHB members without unnecessary approvals. To ensure physicians can make appropriate exceptions, they have the authority to prescribe brand-name or non-formulary drugs without administrative review if a particular drug is medically necessary and beneficial for an individual member. Members are notified within 24 hours of exception request decisions. As an PSHB member, you pay your regular prescription drug copayment for medically necessary brand-name drugs.

## ➤ Covered services

Contraceptive coverage is available at no cost to members. Contraceptive benefits include the following:

- Surgically implanted contraceptives
- Injectable contraceptive drugs (such as Depo Provera)
- Birth control pills
- Contraceptive counseling
- Family planning counseling
- Voluntary sterilization
- Intrauterine devices (IUD)

## ➤ Contraceptive education

Kaiser Permanente is committed to providing comprehensive contraceptive coverage to our PSHB members and educating them by using targeted messaging to realize high-quality outcomes. PSHB members can locate their contraceptive coverage in the Plan brochures under Preventive care, Family planning, and Prescription Drug Benefits. Additionally, our Plans' brochures list the websites for Health and Human Services (HHS), U.S. Preventive Services Task Force (USPSTF), and Health Resources & Services Administration (HRSA) where PSHB members can access additional information on reproductive healthcare. Information on contraceptive coverage is also available on our preventive care website [Birth control options | Kaiser Permanente](#). For more information about contraception, or if you have difficulty accessing contraceptive coverage or other reproductive healthcare, you can email OPM at [contraception@opm.gov](mailto:contraception@opm.gov).

For more information, please contact Member Services and refer to the market's Postal Plan brochure. This is a summary of the features of the Kaiser Permanente health plan. Before making a final decision, please read the Plan's Postal Plan brochure (Northern California RI 73-921; Fresno California RI 73-919; Southern California RI 73-923; Colorado RI 73-918; Georgia RI 73-926; Hawaii RI 73-920; Maryland, Virginia, Washington D.C. RI 73- 927; Oregon, Southwest Washington RI 73-922; Washington Core RI 73-924; Washington Options Federal RI 73-925). All benefits are subject to the definitions, limitations, and exclusions set forth in the Postal Plan brochure.